Assess your level of cyber safety

What measures are you taking to protect your devices, your personal information and your data?

Answer the questions on pages 2 and 3 to get an idea of how safe you are.

- 1. For each question, select your answer and take note of your score for that question.
- 2. At the end of the section, add your scores to get your total for the section.
- 3. After completing all three sections, work out your total score for the assessment.
- 4. Go to the *Interpret your results* section on page 3 to find out how you rate and what you should do next.
- 5. Visit <u>www.icts.uct.ac.za</u> | Anti-Virus & Security | *Cyber Safety Month* and read the week 2 series, *Just in case*, for practical tips to address any security issues you may have.

Physical protection				
Question	Yes	Partially / Not applicable	No	
Does your device have tracking software enabled?	3	2	1	
Do you know all your device's hardware details? (make and model, serial number, MAC address)	3	2	1	
Do you safely store your device at all times?	3	2	1	
Do you pay attention to your surroundings when using your device in public?	3	2	1	
Are you using the standard ringtone that came with your phone?	1	2	3	
Your total for this section				

Data and privacy protection				
Question	Yes	Partially / Not applicable	No	
Are you following good password practice for your device and online accounts? (e.g. least 8 characters; complex; hard to guess)	3	2	1	
Do you carefully manage the data you store on your device? (e.g. backing it up, protecting sensitive documents)	3	2	1	
Are you taking any measures to protect yourself against identity theft?	3	2	1	
Are your social media accounts properly configured in terms of privacy and security?	3	2	1	
Are you careful when downloading apps for your smart phone or tablet?	3	2	1	
Do you know how to spot a phishing scam?	3	2	1	
Do you follow best security practices when banking and shopping online?	3	2	1	
Do you take precautions when using public computers?	3	2	1	
Do you thoroughly 'clean up' your device before you sell or dispose of it?	3	2	1	
Your total for this section				

Protection when connecting				
Question	Yes	Partially / Not applicable	No	
Is your Wi-Fi on even when you aren't using it?	1	2	3	
Is your Bluetooth on even when you aren't using it?	1	2	3	
<i>Do you take precautions when using</i> <i>Wi-Fi in public spaces?</i>	3	2	1	
Do you use the default security PIN when connecting to Bluetooth devices (such as headsets)?	1	2	3	
Is your device's operating system up to date with the latest patches?	3	2	1	
<i>Is your device's anti-virus program up to date with the latest virus definitions?</i>	3	2	1	
Do you run a virus scan when you plug USB devices into your computer?	3	2	1	
Your total for this section				
Your total for all three sections				

Interpret your results						
Score	55 - 63	41 – 54	21 – 40			
Advice	Congratulations! You follow good security practices. However, criminals are always on the lookout for opportunities, so you should take a few more steps to close all the security gaps.	You're relatively safe, but still at significant risk. You should implement further steps to tighten up your security.	You're at risk! You need to implement a serious security makeover.			
Go to <u>www.icts.uct.ac.za</u> Anti-Virus & Security <i>Cyber Safety Month</i> and read <i>Just in case</i> (week						
2), for practical tips to address any security issues you may have.						

Visit <u>www.icts.uct.ac.za</u> | Anti-Virus & Security | *Cyber Safety Month* for more useful security-related articles.